

Our Impact in 2018

mothers2mothers



mothers2mothers (m2m) is an African NGO working towards the Global Goals of ensuring good health for all and ending the AIDS epidemic by 2030. We focus on three core client groups—women, children, and adolescents—serving those living with HIV, and also those who are HIV-negative but at high risk of infection. m2m delivers services by training and employing local women living with HIV as Community Health Workers called Mentor Mothers.

Our 2018 Evaluation highlights the improved quality and continued impact of our programmes in eight countries—Eswatini, Kenya, Lesotho, Malawi, Mozambique, South Africa, Uganda, and Zambia. It demonstrates our ability to help end HIV and achieve the Global Goals, in particular by developing relationships with our clients that last years.

OUR SCALE

m2m enrolled

894,837

new clients directly into our programme, a **22.5% increase** from the year before.

Over

1,500 women

living with HIV were employed directly by m2m as Community Health Workers called “Mentor Mothers”—creating economic wellbeing for themselves and their families.

Mentor Mothers provided direct services at

317 locations,

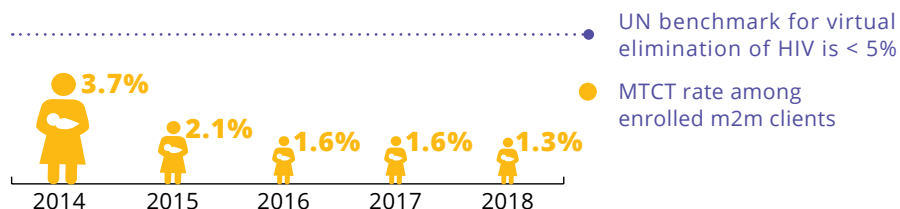
including at health facilities and in the surrounding communities—a **34% increase over 2017**.

In 2018, we launched operations in **Mozambique**, and scaled up our programmes in **Malawi** and **Zambia**.



HELPING END HIV

m2m has achieved virtual elimination of mother-to-child transmission (MTCT) of HIV among our enrolled clients for the **fifth year in a row**, with a transmission rate of **just 1.3%** in 2018. This means we have helped a new generation to start life HIV-free.



Furthermore, we keep children and their mothers in care long after birth to ensure there is no HIV transmission during the breastfeeding period, when 47% of infections occur.¹

73% of infants born to m2m clients had their **final HIV test** at 18-24 months and received the results, a dramatic jump from 2017.



WOMEN

In 2018, m2m enrolled

186,488 women

(age 20+) living with HIV, a **184% increase** from 2017.

Our model drove access to services, retention in care, and adherence—and played a major role in stopping new HIV infections.

Providing services to people living with HIV is critical to ending AIDS by 2030, as successful treatment stops new infections in their tracks.

97%

of our clients were **enrolled on treatment**, compared to a 93% benchmark in Eastern and Southern Africa.²

94%

of our clients who started antiretroviral therapy for the first time were **alive and remained in treatment after a year**, compared to a 75% retention rate in Eastern and Southern Africa at 12 months.²

99%

of our clients were **adherent to their treatment** more than 80% of the time, a critical threshold to achieving viral suppression. In fact, 94% were adherent more than 95% of the time.

0.12%

of the HIV-negative pregnant women supported by a Mentor Mother contracted HIV, **30 times lower** than a 2014 pan-African benchmark of 3.6%.³

CHILDREN

30,775

children and caregivers benefitted from our integrated Early Childhood Development (ECD) services across Eswatini, Kenya, Malawi, and South Africa in 2018.

m2m is helping families thrive via effective ECD services integrated into our programming. This will be scaled further in 2019 and beyond. In 2017, an average of 97% of our ECD clients (children aged 0-5) achieved their developmental milestones at 12 months.

ADOLESCENTS

m2m enrolled

289,500

adolescents and young adults (aged 10-24) in 2018, an **18% rise** over the previous year.

Adolescent girls and young women are now bearing the brunt of the HIV epidemic, with around 1,000 contracting the virus daily around the world.⁴ We are responding with adolescent-focused services in Malawi, South Africa, Uganda, and Zambia that we continue to scale.

CONCLUSION

These 2018 Evaluation results demonstrate mothers2mothers' ability to deliver quality services at scale that have a transformative impact on the lives of those we serve. We are particularly excited to see evidence of how our model keeps our clients in care and adherent to treatment—essential to tackling not only the HIV epidemic, but other critical health challenges to ensure the best possible outcomes.

— **Frank Beadle de Palomo**, President and Chief Executive Officer, mothers2mothers

1. [Women: At the Heart of the HIV Response for Children, UNICEF 2018](#)
2. [UNAIDS 2018](#)
3. [Drake et al, 'Incident HIV during Pregnancy and Postpartum and Risk of Mother-to-Child HIV Transmission: A Systematic Review and Meta-Analysis' \(2014\) Published at: <https://doi.org/10.1371/journal.pmed.1001608>](#)
4. [UNAIDS Global HIV & AIDS statistics — 2018 fact sheet](#)

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