Dear m2m Family, Friends, and Supporters,

When mothers2mothers (m2m) was founded in 2001, it was the height of the AIDS epidemic. We were focussed on helping mothers and babies to survive by preventing mother-to-child transmission of HIV. Today, we know surviving is not enough to eradicate new HIV infections. We must also ensure that the women, children, and adolescents we serve have the opportunity to thrive—so they have the power to make healthy choices and overcome challenges that can cause vulnerability to HIV, such as poverty, stigma, and gender inequality. By making thriving the new normal, we can defeat AIDS for good and create an Africa where people can dare to dream about a healthy, hopeful future and see it become reality. We are committed to stopping new HIV infections in their tracks, and ensuring healthy lives for those living with the virus.

This printed summary provides a snapshot of our work in 2018. I also invite you to view the full report at annualreport.m2m.org/2018-2019AnnualReport to learn how m2m’s peer-to-peer approach is delivering remarkable health outcomes, while also creating economic opportunities for the women living with HIV whom we employ as frontline health workers.

Abrazos,

Frank Beadle de Palomo

President & Chief Executive Officer

FROM SURVIVING

894,837 new clients were enrolled directly into our programme in 2018, a 22.5% increase from the year before.

1.3% is the mother-to-child HIV transmission rate among m2m’s enrolled clients—well below the 5% UN benchmark. This makes 2018 the fifth consecutive year we have achieved virtual elimination.

94% of our clients living with HIV who started antiretroviral therapy for the first time were alive and remained in treatment after a year, compared to a 75% retention rate in Eastern and Southern Africa at 12 months. 1

99% of our clients living with HIV were adherent to their treatment more than 80% of the time, a critical threshold to achieving viral suppression.

1. UNAIDS 2018
When m2m client Mercy James tested HIV-positive while pregnant, Promise James—a Community Mentor Mother in her village in Malawi—supported her to protect her son, Rafiki, from contracting HIV and keep herself healthy. Almost three years later, Promise still sees Mercy and Rafiki regularly, now working to make sure they thrive, not just survive, through m2m’s integrated Early Childhood Development services. She checks that both mother and son are healthy and teaches Mercy about nurturing her son’s development and the importance of good nutrition and hygiene. Rafiki has reached all his developmental milestones to date, and Mercy has big dreams for him.

“I am very thankful to Promise for all of her efforts in helping us, (the) residents of Mthilamanja, realise our right to health. mothers2mothers has brightened the future for our children. I love to see the milestones that Rafiki has been able to accomplish. He runs around playing ball and he is reading as he should for his age. My hope for the future is that Rafiki becomes a medical doctor, so that he can take care of people like me by giving them medicine.” - Mercy

Mthilamanja Village, Mulanje District, Malawi

1,500+ women living with HIV were employed directly by m2m as frontline health workers we call “Mentor Mothers.”

30,775 children and caregivers benefitted from our integrated Early Childhood Development (ECD) services in four countries in 2018.

289,500 adolescents and young adults (aged 10-24) were enrolled in our programme in 2018—an 18% rise over the previous year. This key demographic now comprises approximately one-third of our client base.

0.12% of the HIV-negative pregnant women supported by a Mentor Mother contracted HIV, 30 times lower than a 2014 pan-African benchmark of 3.6%.^2

OUR MODEL

mothers2mothers (m2m) is an African not-for-profit that is changing the face of healthcare across the continent—unlocking the power of women to create health, hope, and an HIV-free future. m2m employs and trains women living with HIV as community health workers through our Mentor Mother Model. The magic of this model is that it is peer-based: services are delivered by individuals from the same community as those they serve—meaning they are rooted in shared realities and experiences. Mentor Mothers work both at health facilities and door to door in surrounding communities, providing health services, advice, and support so that women and their families receive the medical care they need.

Since our founding in Cape Town, South Africa in 2001, we have...

Created over 10,000 jobs for women living with HIV, who are often among society’s most marginalised.

Achieved virtual elimination of mother-to-child transmission of HIV among our enrolled clients for the last five years.

Reached more than 11 million women and children under two in sub-Saharan Africa with life-changing health services.

In 2018, m2m operated in:
- Eswatini
- Kenya
- Lesotho
- Malawi
- Mozambique
- South Africa
- Uganda
- Zambia

OUR SERVICES

m2m wants to make healthy, vibrant communities the new normal in sub-Saharan Africa—where women and families can thrive, not just survive, and realise their dreams. To achieve this, m2m provides a range of services for all stages of life, with a particular focus on our three core client groups of women, children, and adolescents.

Services include:

- **Women Aged 15-49**
  - Essential health services, including: sexual and reproductive health (i.e., HIV/STI prevention and treatment, family planning), and screening for malaria and TB
  - Ensuring healthy pregnancies, safe deliveries, and quality postnatal care
  - Treatment initiation, retention, and adherence support for HIV-positive pregnant and postnatal women to prevent mother-to-child transmission of HIV
  - Strengthening economic wellbeing and food security to build resilient households

- **Children Aged 0-9**
  - Early Childhood Development support and education for caregivers and families
  - Tailored support for HIV-positive or -exposed children and families, including testing, disclosure, treatment initiation, adherence, and retention support
  - Integrated management of childhood illness services, including nutrition education and immunisations
  - Assistance with registering births and accessing social services

- **Adolescents Aged 10-24**
  - Sexual and reproductive health education and services for girls and boys, and young women and young men
  - Age-appropriate interventions to prevent new HIV infections and unplanned pregnancies
  - Prevention of mother-to-child transmission services for HIV-positive pregnant and postnatal adolescent girls and young women
  - Tailored Early Childhood Development and parenting support for vulnerable adolescent parents and caregivers

In 2018, m2m operated in:
- Eswatini
- Kenya
- Lesotho
- Malawi
- Mozambique
- South Africa
- Uganda
- Zambia

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Statement of Financial Position

Relevant and Support

Grants and Contributions 18,929,892
Contributions 2,655,882
Other Income 74,191
Total Revenue and Support $21,659,965

Expenses

Programme Services 18,434,801
Management and General 517,654
Fundraising 2,006,016
Foreign Exchange Gain/(Loss) 194,095
Total Expenses 21,152,566

Total Liabilities and Net Assets $8,037,000

Current Assets

Cash and Cash Equivalents 3,665,421
Contributions and Other Receivables 2,972,086
Short-Term Investments 953,141
Land, Buildings, and Equipment 446,352

Total Assets $8,037,000

Liabilities and Net Assets

Total Liabilities 2,988,029
Net Assets - Unrestricted 1,106,830
Net Assets - Temporarily Restricted 3,942,141
Total Ending Net Assets 5,048,971

Changes in Net Assets $507,399

Explanatory note: Audited figures are available on our website for each of the three entities that make up the m2m group, but these consolidated financial statements are unaudited. All figures are in U.S. dollars.

Statement of Activities

Revenue by Category

Programme Services 43%
Management and General 47%
Multilaterals 2%
Corporates/Foundations 1%
Government/Bilaterals 1%
Individuals 9%

Revenue

Imago Dei Fund
Islimela Stifung
Jasmine Social Investments
LGTY Venture Philanthropy Foundation
M-A-C AIDS Fund
Mulago Foundation
Porticus
Starr International Foundation
Stavros Niarchos Foundation
Stephen Lewis Foundation
Swarowski Foundation
Corporates
Allen & Overy
Bulawayo Holdings Inc.
British Airways
Charterhouse Capital Partners
Good Mythical Morning
Johnson & Johnson
M-A-C Cosmetics
Net-A-Porter
Selfish Mother
Teachers Insurance and Annuity Association of America (TIAA)
The Vampire’s Wife
Laure Hériard Dubreuil & The Vampire’s Wife
Leslie Brunner & Ryan Wise
Janet & Derek Lodner
Kurt Chapman
Leslie Lennox OBE & Dr. Mitch Besser
Michael Marsh
Michelle Whitfield
Dominique & Guy America
Laura & Dick Bartlett
Susan Gibson & Mark Bergman
Claudio Desalzi
Pat & Carl Fernandes
Phanella Mayall Fine
Nancy Gallt
Colleen & Hunter Hancock
Ariel Knowles & Jason Worthenkye
Anna & Christian Manhuses
Jessie & Rhest McLaughlin
Allison Mitchell
Kate Schachern & Sameer Rashid
Maartje & Esteban Skare
Carl Stewart
Amy Wilson-Janice

GMC Trust
The United Nations Children’s Fund (UNICEF), Uganda

Trusts and Foundations

Be One Percent
Bickerstaff Family Foundation
Bright Funds Foundation
Carter Philanthropy
Comic Relief & M-A-C AIDS Fund
Conrad N. Hilton Foundation
Discovery Fund Trust
The Elizabeth Taylor AIDS Foundation (ETAF)
The Elma Foundation
GMC Trust

m2m Global Giving Circle
Global Angels
Debbie Bickerstaff
Edward E. Matthews
Carolina & Martin Schwab

Global Champions
Leslie Brunner & Ryan Wise
Janet & Derek Lodner

Global Guardians
Kurt Chapman
Leslie Lennox OBE & Dr. Mitch Besser
Michael Marsh
Michelle Whitfield

Global Ambassadors
Dominique & Guy America
Laura & Dick Bartlett
Susan Gibson & Mark Bergman
Claudio Desalzi
Pat & Carl Fernandes
Phanella Mayall Fine
Nancy Gallt
Colleen & Hunter Hancock
Ariel Knowles & Jason Worthenkye

DONORS

m2m is grateful to the funders and partners who support our work. The organisations and individuals listed here provided gifts, donations, or funding of over $5,000 between 1 January – 31 December 2018. To see additional donors, please visit annualreport.m2m.org/2018-2019AnnualReport.

Individuals

Marianne Bokan-Blair & David Blair
Chris Bruce
Kim Cini
Kimberly Dasher Tripp & Owen Tripp
Manuel Delgado
Paul Flanagan
Caroline Janda & Michel Glouchevitch
Emily Taylor Goodall & John Goodall
Jennifer Hill & Colin Freund
Kathryn & Thomas Knox
Susan & William Oberndorf
Louise Palmer
Edward Park
The Hon. Natasha Rayne
Catherine & Thomas Reagan
Valarie & Justin Seger
Sondra & Marvin Smalley
Petro Stoftberg
Stefanie & Peter Tiger
Gonzalo Rodes Vila
Curtis McGraw Webster

We are also thankful to our partners with whom we deliver services across sub-Saharan Africa

- Elizabeth Glaser Pediatric AIDS Foundation
- FHI 360
- ICAP
- Impact Bond Innovation NPC
- John Snow, Inc.
- Jhpiego
- TB HIV Care
- World Education, Inc.

- Karama
- TB/HIV Care
- World Education, Inc.

Government Institutions & Agencies

Centers for Disease Control and Prevention (CDC)
Department of Health, Western Cape Province, South Africa
The Republic of South Africa
United States Agency for International Development (USAID)
University of Cape Town Multilateral Organisations

United Nations Children’s Fund (UNICEF), Malawi
United Nations Children’s Fund (UNICEF), South Africa
United Nations Children’s Fund (UNICEF), Uganda

m2m Patrons

Annie Lennox OBE
Salma Hayek
Candice Swanepoel
Samantha Bond
Rochelle Humes

- African Union Commission
- African Development Bank
- Global Fund to Fight AIDS, Tuberculosis and Malaria
- International Monetary Fund
- International Organization for Migration
- United Nations Population Fund
- World Health Organization
The dividend of m2m’s work goes beyond our clients’ outcomes.

Promise’s job as an m2m Community Mentor Mother is helping her family reach their dreams. With her salary, she installed solar power in her home so her children can study at night.

“My first son was the only child in the community selected to attend a boarding school. (My) other children qualified for a day school... I am grateful to God for creating jobs like this for people in Malawi.” - Promise

To engage with us or support us, please contact:
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Read the full report: annualreport.m2m.org/2018-2019AnnualReport