

## Terms & Conditions

Cycling can be hazardous and involves the risk of physical injury or death. Participants acknowledge that cycling is inherently dangerous, fully realise the dangers of participating in Cycle2Zero@home, and fully assume the risks associated with such participation. It is the participant's responsibility to seek medical advice regarding their fitness levels and ability to take part. mothers2mothers (m2m) cannot be held responsible for participants not following the advice of their medical practitioner. It is the sole responsibility of the participant to determine his or her level of bike and road handling ability and whether or not Cycle2Zero@home is suitable for the individual concerned. Participants accept all risks to their physical well-being associated with this activity, such as their ability to withstand exposure to the elements, level and extent of physical exertion, tolerance and endurance. m2m makes no assumption about the cycling skill, equipment fitness or physical fitness levels of any participant.

Participants are encouraged to research the weather forecast, road conditions and terrain over which they will cycle. Ultimately, it is the responsibility of the participant to select a route that suits the participant's level of fitness and bike handling in terms of the challenges and risk that may be encountered. Participants are responsible for using their own personal equipment. m2m is not responsible for checking the functionality of any bike or related equipment and is not liable for equipment failure of any kind and any resulting problems and/or expense that may occur as a result.

All cyclists must wear a helmet whilst cycling, unless on a static bike at home or at a group fitness facility. All participants must agree to observe local traffic laws and ensure that their conduct in no way puts at risk the welfare of any other participant during Cycle2Zero@home. In case of a collision or accident which causes damage to the participant or another participant, the participant causing the collision or accident will be liable for all damages.

m2ms accepts no responsibility or liability for any accidents or illness that may occur during Cycle2Zero@home.

All those who take part in m2m Cycle2Zero@home do so at their own risk. m2m, its directors or employees shall not be liable for any damages relating to loss of property or injury of any kind, or death to any participant while participating in Cycle2Zero@home. It is the responsibility of each participant to take out and/or maintain adequate personal accident insurance cover.

You are responsible for your own actions and inactions. m2m, cannot be held responsible for loss or damage to personal effects, injury or death.

Any minor participants who are under the age of 18 should take part with their legal guardian(s) or with the permission of their legal guardian(s). No participant should participate with a minor whose is not their child or for whom they are not the legal guardian, unless they have obtained prior consent from the minor's legal guardian(s). This includes obtaining consent for their image to be used in photos and videos from Cycle2Zero@home on social media or other publicly available media. Participants should ensure they are fit and healthy before taking part in a challenge event and should consult with a doctor if they have any medical concerns prior to taking part.

All registration fees are non-refundable.

By paying your registration fee you agree to the statements above laid out by mothers2mothers.

By paying your registration fee you agree that m2m can share any pictures you share with us of you participating in activities related to Cycle2Zero@home, (before, during, or after the event) on m2m's social media channels and website for promotional and marketing purposes. In addition, you warrant that you have obtained permission from anyone else appearing in submitted pictures, including the legal guardian(s) of minors if appropriate.

