

# We Start by Ending HIV

## 2019 Annual Programme Review



mothers2mothers (m2m) is committed to delivering health, hope, and an HIV-free future. This starts with ending HIV by stopping new infections in their tracks, and using our lifecycle approach and strong relationships with families and communities to go beyond a narrow focus on HIV to ensure families thrive, not just survive. This factsheet contains selected highlights from our 2019 Annual Programme Review.\*

### OUR SCALE AND REACH CONTINUE TO GROW

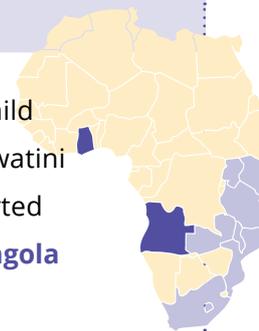
#### IN 2019:

We enrolled

# 932,431

new clients, an **increase of 4% from 2018**. This included over 30,000 clients enrolled through technical assistance support to governments and other non-governmental organisations.

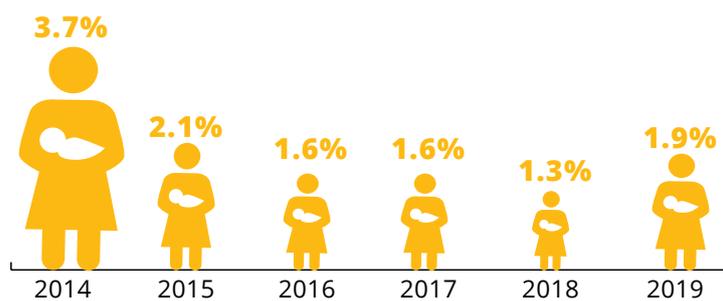
Our prevention of mother-to-child transmission programme in Eswatini ended in mid-2019, and we started new country programmes in **Angola and Ghana** in the 4th quarter.



### m2m IS CONTRIBUTING TO AN HIV-FREE GENERATION AND MEETING ALMOST ALL UNAIDS FAST-TRACK TARGETS

m2m achieved virtual elimination of mother-to-child transmission of HIV among our enrolled clients for the **sixth year in a row**, with a transmission rate of **just 1.9%** in 2019.

.....UN benchmark for virtual elimination of HIV is < 5%.....



● MTCT rate among enrolled m2m clients

The 2019 rate is a slight increase from 2018 (1.3%), but not a statistically significant difference.

Only **0.08%** of pregnant or breastfeeding women who were HIV-negative when enrolled in m2m's programme contracted HIV in 2019—**45 times lower** than a 2020 estimate of the rate across sub-Saharan Africa (3.6%).<sup>1</sup>

#### UNAIDS TARGET 1

**95%** of people living with HIV **know their HIV status**

**97%** of pregnant m2m clients served at a health facility were tested for HIV—compared to 91% in Eastern and Southern Africa.<sup>2</sup>

#### UNAIDS TARGET 2

**95%** of people who know their status **are on treatment**

**99%** of women we served who are living with HIV accessed treatment—higher than an 85% benchmark in Eastern and Southern Africa.<sup>3</sup>

#### UNAIDS TARGET 3

**95%** of people on treatment with **suppressed viral loads\*\***

**95%** of women we served who received a viral load test result were virally suppressed—compared to 91% in Eastern and Southern Africa.<sup>4</sup>

Underpinning this impact is m2m's Peer Mentor Mother Model and investments in technology to improve retention in care and adherence to HIV treatment. This is essential to achieve viral suppression, which stops the spread of new HIV infections, and improves health outcomes for people living with HIV.

**90%**

of m2m clients living with HIV who started antiretrovirals for the first time were still on treatment after a year—compared to 72% in Eastern and Southern Africa.<sup>5</sup>

**98%**

of women we served adhered to their treatment more than 95% of the time—surpassing World Health Organization goals (95% of individuals with 80% adherence).

**m2m'S FAMILY-CENTRED APPROACH—WHICH SPANS PREGNANCY, CHILDHOOD, AND ADOLESCENCE—IS IMPROVING HEALTH AND WELLBEING AT ALL STAGES OF LIFE**

### Children

**94%** of our early childhood development clients (0-3 years) **achieved all their developmental milestones** at one year of age, helped by the advice and support m2m provides to parents and caregivers on early learning stimulation, responsive and playful parenting, health, nutrition, safety, and protection.

**WE REACHED: 20%** more children (aged 3-9) in 2019, compared to 2018.

**91%** of children living with HIV (0-9 years) **accessed treatment**—compared to a benchmark of 76%.<sup>6</sup>

**83%** of children living with HIV (0-9 years) who received a viral load test result were **virally suppressed**—considerably higher than 68% in 15 UNAIDS focus countries where the need is greatest.<sup>7</sup>

### Adolescents

**96%** of our adolescent clients living with HIV were **initiated on treatment**—compared to a benchmark of 56% in UNAIDS 35 Fast-Track countries.<sup>8</sup>

**WE REACHED: 27%** more adolescents (aged 10-19) in 2019, compared to 2018.

**93%** of adolescent girls and young women living with HIV who began treatment were **still taking it at 12 months**—compared to a regional benchmark of 76%.<sup>9</sup>

At m2m, **Ending HIV is Just the Start...** healthy, thriving families and communities across sub-Saharan Africa is our vision for the future.



1. [https://journals.lww.com/aidsonline/Abstract/2020/04010/Incident\\_HIV\\_among\\_pregnant\\_and\\_breast\\_feeding.12.aspx](https://journals.lww.com/aidsonline/Abstract/2020/04010/Incident_HIV_among_pregnant_and_breast_feeding.12.aspx)  
 2. UNAIDS 2019: Eastern and Southern Africa  
 3. *ibid*  
 4. UNAIDS 2019  
 5. UNAIDS 2019: Eastern and Southern Africa

6. UNAIDS 2019 (Note: Among the benchmarks for children in the countries included in this analysis—Kenya, Lesotho, Malawi, Zambia—Zambia had the highest rate of 76%.)  
 7. UNAIDS 2019, 15 focus countries  
 8. UNAIDS 2019, 35 Fast-Track countries  
 9. Knettel et al; 2017