

# MINUTES for Mentor Mothers

10-30 Sept 2021

#MinutesMatter



## Terms and Conditions:

- (a) Your participation in the event may involve physical exertion. You must be satisfied that you are sufficiently healthy, fit and well prepared to take on your chosen activity, and that there are no current or historical medical conditions which would, or should, or might, reasonably preclude your participation. mothers2mothers (m2m) does not conduct health or fitness checks on entrants and the responsibility for your ability to participate in the event is with you as the participant. If you have a medical condition or are unsure of your physical ability to take part in the event, you must seek medical advice from a general practitioner prior to participating in the event. m2m cannot be held responsible for participants not following the advice of their medical practitioner. Participants accept all risks to their physical well-being associated with this event, such as their ability to withstand exposure to the elements, level and extent of physical exertion, tolerance and endurance. m2m makes no assumption about the physical fitness levels of any participant.
- (b) Participants undertaking outdoor activities are encouraged to research the weather forecast, road conditions and terrain over which they will participate. Ultimately, it is the responsibility of the participant to select an activity that suits the participant's level of fitness in terms of the challenges and risk that may be encountered. Participants are responsible for using their own personal equipment and ensuring they have all necessary safety equipment for their chosen activity. m2m is not responsible for checking the functionality of any equipment and is not liable for equipment failure of any kind and any resulting problems and/or expense that may occur as a result.
- (c) All those who take part in m2m Minutes for Mentor Mothers do so at their own risk. m2m, its directors or employees accept no responsibility or liability for any damages relating to loss of property, injury or illness of any kind, or death that may occur during or as a result of participation in Minutes for Mentor Mothers. It is the responsibility of each participant to take out and/or maintain adequate insurance cover.
- (d) You acknowledge that any photography or film footage taken as part of your participation in the event can be used for m2m promotional and marketing purposes for this specific event and for any future m2m fundraising events.
- (e) Any minor participants who are under the age of 18 should take part with their legal guardian(s) or with the permission of their legal guardian(s). No participant should participate with a minor whose is not their child or for whom they are not the legal guardian, unless they have obtained prior consent from the minor's legal guardian(s). This includes obtaining consent for their image to be used in photos and videos from Minutes for Mentor Mothers on social media or other publicly available media. The legal guardians of minor participants should ensure the minor participant(s) are fit and healthy before taking part in a challenge event and should consult with a medical practitioner if they have any medical concerns prior to taking part.
- (f) Participants must ensure that any activities they undertake in the course of their fundraising are done so in compliance with all relevant laws and regulations. This includes all traffic laws and any COVID-19 restrictions, mandates, and laws.

For any questions contact [events@m2m.org](mailto:events@m2m.org)



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