

# For Individuals\*...



## USE YOUR SKILLS

Teach an online yoga class or guitar lesson and ask for a donation in return. This is a great time to put that hobby you picked up in lockdown to work!



## QUIZ NIGHT

Put your knowledge to the test with a quiz for friends, family, or colleagues. Why don't you ask your local pub or restaurant if you can host your quiz there?



## FINE DINING

Invite your friends to a home-cooked dinner party and donate what they would have spent in a restaurant. Fundraise and try new dishes all at once!



## DONATE YOUR COMMUTE

While many of us are working at home, ask your friends, family, and colleagues to donate what they would usually spend during a week of travelling to work.



## JUMBLE SALE

Take this opportunity to declutter your drawers and cupboards! Sell anything you no longer need, and donate the money you make.



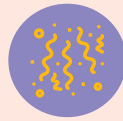
## ABSEIL

Face your fears and sign up for a jawdropping challenge! Ask your friends and family for a donation and words of encouragement to help you take on the challenge.



## SPORTS TOURNAMENT

Organise a sports tournament and challenge your friends to take part and make a donation. It's a great way to catch up with your loved ones and fundraise at the same time!



## BIRTHDAY FUNDRAISER

Is your birthday coming up? Why not ask your friends and family for donations to celebrate? Facebook's birthday fundraiser option has made this super simple!



## MURDER MYSTERY

Get your friends together for a head-scratching murder mystery extravaganza! Assign everyone a character and ask for a donation to take part. Can you crack the case?

[\*\*DOWNLOAD SPONSORSHIP FORM\*\*](#)



\* The chosen activities should be in line with COVID restrictions, and guidelines in your respective country.