Three Key Takeaways From This Quarter

1. **Helping Strengthen Health Systems.** Our 2022-2026 strategy calls for us to accelerate progress by leveraging our skills and experience to strengthen health systems. This quarter, our teams were able to deliver advances in health policy in Lesotho and Uganda.

2. **Exceeding expectations on reach targets.** At the halfway mark of the year, we have achieved 74% of our annual client reach targets.

3. **Financial uncertainty remains.** The headwinds affecting the global economy noted last quarter have persisted and intensified. Resource mobilisation remains challenging—we continue to be prudent and manage costs closely.

### The Big Picture (as of 30 June 2023)

**13,062,028**

Index Clients* reached with direct services since 2002

Number of Mentor Mothers currently employed by m2m

1,210

Number of Mentor Mothers employed since 2002

11,726

Clients reached by eServices since inception (April 2020)

493,841**

### Number of New Clients Reached (Direct Service Delivery) Q2 2023

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Q1 2023</th>
<th>Q2 2023</th>
<th>2023</th>
<th>Annual Target</th>
<th>Cumulative Reach (Year To Date)</th>
<th>% Target Reached*** (Preliminary)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children (0-2)</td>
<td>19,437</td>
<td>20,610</td>
<td>70,729</td>
<td>40,047</td>
<td>57%</td>
<td></td>
</tr>
<tr>
<td>Children (3-9)</td>
<td>12,115</td>
<td>8,933</td>
<td>28,419</td>
<td>21,048</td>
<td>74%</td>
<td></td>
</tr>
<tr>
<td>Adolescents (10-19)</td>
<td>59,238</td>
<td>39,718</td>
<td>60,457</td>
<td>98,956</td>
<td>164%</td>
<td></td>
</tr>
<tr>
<td>Young Adults (20-24)</td>
<td>21,659</td>
<td>22,916</td>
<td>77,203</td>
<td>44,575</td>
<td>58%</td>
<td></td>
</tr>
<tr>
<td>Adults (25+)</td>
<td>69,140</td>
<td>51,414</td>
<td>204,264</td>
<td>120,554</td>
<td>59%</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>181,589</strong></td>
<td><strong>143,591</strong></td>
<td><strong>441,073</strong></td>
<td><strong>325,180</strong></td>
<td><strong>74%</strong></td>
<td></td>
</tr>
</tbody>
</table>

### Our In-Person Service Reach in Quarter 2: A Closer Look

**Adolescents and Adults (disaggregated by HIV status) Newly Enrolled**

<table>
<thead>
<tr>
<th>Category</th>
<th>Q1 2023</th>
<th>Q2 2023</th>
<th>2023</th>
<th>Annual Target</th>
<th>Cumulative Reach (Year To Date)</th>
<th>% Target Reached*** (Preliminary)</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV-positive 10+</td>
<td>34,613</td>
<td>33,614</td>
<td>145,230</td>
<td>68,227</td>
<td>47%</td>
<td></td>
</tr>
<tr>
<td>HIV-negative 10+</td>
<td>83,218</td>
<td>63,196</td>
<td>162,464</td>
<td>146,414</td>
<td>90%</td>
<td></td>
</tr>
<tr>
<td>Unknown Status at enrolment / status not documented 10+</td>
<td>35,181</td>
<td>20,547</td>
<td>34,697</td>
<td>55,728</td>
<td>161%</td>
<td></td>
</tr>
<tr>
<td><strong>Subset of total: Clients 10+ reached by HIV status</strong></td>
<td><strong>153,012</strong></td>
<td><strong>117,357</strong></td>
<td><strong>342,391</strong></td>
<td><strong>270,369</strong></td>
<td><strong>79%</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Children Ages 9 and Under (disaggregated by HIV exposure/status) Newly Enrolled**

<table>
<thead>
<tr>
<th>Category</th>
<th>Q1 2023</th>
<th>Q2 2023</th>
<th>2023</th>
<th>Annual Target</th>
<th>Cumulative Reach (Year To Date)</th>
<th>% Target Reached*** (Preliminary)</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV-exposed children 0-2</td>
<td>3,905</td>
<td>6,290</td>
<td>26,339</td>
<td>10,195</td>
<td>39%</td>
<td></td>
</tr>
<tr>
<td>HIV-unexposed children 0-2</td>
<td>12,233</td>
<td>12,829</td>
<td>35,006</td>
<td>25,062</td>
<td>72%</td>
<td></td>
</tr>
<tr>
<td>Children 0-2 of unknown exposure / exposure not documented at enrolment</td>
<td>99</td>
<td>84</td>
<td>2,953</td>
<td>183</td>
<td>6%</td>
<td></td>
</tr>
<tr>
<td>HIV-positive children 0-9</td>
<td>2,045</td>
<td>1,339</td>
<td>527</td>
<td>3,384</td>
<td>642%</td>
<td></td>
</tr>
<tr>
<td>HIV-negative children 0-9</td>
<td>6,408</td>
<td>2,165</td>
<td>15,669</td>
<td>8,573</td>
<td>55%</td>
<td></td>
</tr>
<tr>
<td>Children 0-9 of unknown status at enrolment or status not documented</td>
<td>3,887</td>
<td>3,527</td>
<td>18,188</td>
<td>7,414</td>
<td>41%</td>
<td></td>
</tr>
<tr>
<td><strong>Subset of total: Children 0-9 reached by HIV exposure and HIV status</strong></td>
<td><strong>28,577</strong></td>
<td><strong>26,234</strong></td>
<td><strong>98,681</strong></td>
<td><strong>54,811</strong></td>
<td><strong>56%</strong></td>
<td></td>
</tr>
</tbody>
</table>

### New Clients Enrolled by Age (Q2 2023)

- **Children (0-2)**: 36%
- **Children (3-9)**: 6%
- **Adolescents (10-19)**: 28%
- **Young Adults (20-24)**: 16%
- **Adults (25+)**: 14%

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* Index clients: HIV-positive and HIV-negative pregnant women, new mothers, as well as HIV-exposed and unexposed children under 2 years old. Reached = received one or more m2m service including: Prevention of Mother-to-Child Transmission; Reproductive, Maternal, Neonatal, and Child Health; Early Childhood Development; and Adolescent Health

** eServices refer to both Peer Services delivered by phone and our automated Virtual Mentor Mother Platform (VMMP). Peer via phone services were rolled out by 15 April 2020, and a total of 437,880 clients have been reached through this channel. The VMMP was soft launched, in English only, on 10 June 2021, and by the end of Q1 (2023), 32,172 clients enrolled for this service.

*** Preliminary results, subject to further data audits
Progress Towards the Three 95s

1st 95 - Know Your Status

- % of pregnant women tested for HIV (Facility)
  - Q1 2023: 99%
  - Q2 2023: 98%
  - Q3 2022: 100%
  - Q4 2022: 100%

- % of infants tested (6-8 week/10 week PCR*)
  - Q1 2023: 87%
  - Q2 2023: 82%
  - Q3 2022: 85%
  - Q4 2022: 85%

- % of infants tested and results received (6-8 week/10 week PCR)
  - Q1 2023: 87%
  - Q2 2023: 66%
  - Q3 2022: 74%
  - Q4 2022: 98%

- % of children tested (18-24 month HIV test)
  - Q1 2023: 99%
  - Q2 2023: 64%
  - Q3 2022: 74%
  - Q4 2022: 57%

- % of children tested and results received (18-24 months)
  - Q1 2023: 99%
  - Q2 2023: 74%
  - Q3 2022: 44%
  - Q4 2022: 98%

2nd 95 - On Antiretroviral Therapy

- % of eligible pregnant women initiated on ART
  - Q1 2023: 90%
  - Q2 2023: 81%
  - Q3 2022: 80%
  - Q4 2022: 92%

- % of pregnant women and new mothers completing ART refills on schedule
  - Q1 2023: 100%
  - Q2 2023: 78%
  - Q3 2022: 92%
  - Q4 2022: 95%

3rd 95 - Adherent and Virologically Suppressed

- % of adherence assessments >80% adherent based on 7-day recall
  - Q1 2023: 100%
  - Q2 2023: 98%
  - Q3 2022: 99%
  - Q4 2022: 100%

- % Viral Load test conducted
  - Q1 2023: 65%
  - Q2 2023: 89%
  - Q3 2022: 89%
  - Q4 2022: 70%

- % Viral Load test results obtained
  - Q1 2023: 58%
  - Q2 2023: 60%
  - Q3 2022: 51%

* PCR = Polymerase chain reaction test—a highly sensitive and accurate test for early detection of HIV infection. It is administered at different times in different countries, depending on national guidelines.
During this quarter, mothers2mothers (m2m) has had a significant impact in sub-Saharan Africa thanks to our strong partnerships with governments and key stakeholders. Our work to strengthen health systems has delivered notable progress in Uganda and Lesotho. This progress has been made possible, in large part, thanks to our dedicated technical experts who have played a crucial role in shaping strategies for community health workers. These efforts are contributing to the health and well-being of mothers and children in these regions.

Recognising the importance of male involvement and the need for inclusivity, we have expanded the Project AMPLIFY initiative in South Africa. This initiative will now address the unique health needs of men who have sex with other men. In Ghana, we have also adapted our integrated reproductive, maternal, newborn, and child health programme to include different service delivery models for adolescents aged 15-24 and their male partners. Developments such as these help ensure that everyone, regardless of age, sexual identity, or gender, can access better health and well-being.

The quarter, we also partnered with a U.K.-based creative agency, RAPP, to launch an innovative educational campaign in Ghana, called “Don't Buy It.” Through a market stall in Accra's busiest market that sold “nothing but the truth,” we used every-day products to bust myths around sexual and reproductive health. This activation was supported on-site by Mentor Mothers and colleagues from the Ghana Health Service who provided HIV testing services, screenings for sexually transmitted infections, and counselling on demand—and enrolled clients into our services. This innovative approach led to significant public engagement and media attention, ultimately helping to overcome harmful myths that negatively impact health outcomes.
ANGOLA

• With funding from USAID, m2m is supporting the First Lady’s “Born Free to Shine initiative”, which aims for virtual elimination of mother-to-child transmission of HIV. By the end of this quarter, we were on track to meet the annual targets set for two key indicators to achieve this. By the end of June, m2m had provided HIV testing services to 9,866 individuals, surpassing the initial target of 8,784, and advancing our strategic plan through the integration of clinical services into our model. 685 individuals tested positive, and we were able to ensure 493 (72%), received their positive test results and were started on treatment. While this is strong progress, we are also working hard to ensure we expand testing and increase the proportion started on treatment.

• HIV-related stigma kills—as it prevents people from discovering their status, and starting and staying on the treatment they need. Angola has high levels of stigma, treatment interruption is common in the several provinces where m2m works, and Angola is far below the UNAIDS targets of 95% of people who know their HIV status being linked to treatment, and 95% of those on treatment being virally suppressed. With support from the LGT Group’s employee donation programme, m2m has undertaken an initiative to mitigate the high HIV stigma levels by developing supporting materials, designing standard operating procedures, and training 66 Mentor Mothers to conduct support groups that combat stigma and improve retention and adherence on treatment. A total of 212 support group sessions were held during this quarter.

New Clients Enrolled: 4,159
Mentor Mothers Employed: 64
GHANA

- In line with m2m’s 2022-2026 Strategic Plan, m2m Ghana has expanded its existing integrated RMNCH/ECD programme to include a focus on differentiated service delivery (DSD) models that deliver integrated primary health care services, customised to the needs of adolescents aged 15-24. In this period, 15 differentiated adolescent antenatal care clinics integrated with HIV testing and pregnancy schools were held at m2m’s three supported sites with the support of Adolescent Mentor Mothers and the Ghana Health Services. These clinics reached 344 adolescents and 20 of their male partners. Topics covered included complications in pregnancy, tips in maintaining a healthy pregnancy, maternal nutrition, new-born care, child health danger signs and special education sessions on the importance of exclusive breast-feeding and adherence to child immunisation schedules.

- m2m’s 2022-2026 strategic plan calls for an increased focus on male partners and significant others, as they are pivotal to improved health and wellbeing of mothers and need to be mobilised to support elimination of mother-to-child transmission (EMTCT) and other health interventions. To strengthen male involvement, a total of 3,073 fathers/male partners were mobilised and motivated to participate in various activities across the programme landscape this quarter; this includes attending education sessions, parenting information playgroup sessions (PIPS), community dialogues, paediatric caregiver support groups, and couples support groups. To foster continued support and buy-in of male partners, three male support groups were established at the community level in this period to encourage male partners of antenatal and postnatal clients to support their wives, partners and significant others receiving services at m2m sites. Forty Male Champions, some of whom are community leaders, were also identified and trained through this process.

- In the last quarter, m2m conducted the “Don’t Buy It” campaign as part of our social and behaviour change communication efforts. The campaign aimed to dispel harmful myths related to adolescent sexual and reproductive health (SRH) and HIV in Ghana. Misconceptions such as “A shower will wash away any HIV,” or “When you squat after sex you cannot get pregnant,” and “You can’t catch an STI when you are married” are just a few of the myths that have contributed to the HIV prevalence rate and many unplanned pregnancies in Ghana. To combat these misconceptions, we partnered with a UK creative agency, RAPP, and set up a stall at Makola Market just before Easter. Stocked with everyday products, the stall actually sold “nothing but the truth”. Through fun and engaging activities, we provided accurate information and busted myths with messages like “Don’t believe a quick shower can wash away HIV” and “Don’t buy into the idea that you can’t get an STI if you’re married.” Mentor Mothers and colleagues from the Ghana Health Service teamed up to offer visitors an integrated set of services, including private HIV testing, STI screening, and counselling on-site reaching 1,120 clients. We collaborated with Ghanaian media such as TV3, GTV and Unique FM to create awareness, reaching 849,000 people through mass media.

| New Clients Enrolled: 4,861 | Mentor Mothers Employed: 33 |
KENYA

• m2m is partnering with Medicus Mundi Italia (MMI) to provide Technical Assistance under a new project funded by the Global Fund. Under the 'Born to be Healthy' project, m2m trained a new cohort of Mentor Mothers who will be deployed in July to select clinics and community sites to offer HIV prevention services. They have been trained to deliver the Kenya Mentor Mother Program including group health sessions, home visits, support group sessions, one-to-one and couple counselling, and to provide educational and psychosocial support to women and their family members, regardless of their HIV status. The new team of Mentor Mothers will be directly employed under the MMI-led consortium of which m2m is a member. The project aims to reach 4,000 clients over a two-year period.

LESOTHO

• This quarter, m2m exceeded the national target by achieving a 96% testing rate among infants who may have been exposed to HIV, successfully testing 784 infants. This was due to proactive measures adopted by Mentor Mothers and HIV Testing Mentors who played crucial roles by conducting educational sessions and facilitating support groups for mothers at healthcare facilities and actively following up with clients during community-level visits.

• m2m Lesotho successfully achieved a viral load suppression rate of 96% among pregnant and breastfeeding women (PBFW), surpassing the UNAIDS target of 95%. Out of the 1,936 clients tested, 1,866 achieved viral suppression, significantly exceeding the quarterly target. This was achieved through the collaborative efforts of Mentor Mothers, HIV Testing Service Mentors, and Maternal and Child Health (MCH) Nurses employed by m2m who provided comprehensive care and treatment services across all m2m sites. Furthermore, m2m's success can also be attributed to the strengthening of the Pro-Active Client Follow-Up programme for PBFW who were due for viral load testing. These initiatives included Mentor Mothers proactively contacting clients before their scheduled appointment dates to remind them about their upcoming viral load blood draw appointments.

• As part of our commitment to support the strengthening of healthcare systems, a central focus of m2m’s strategic plan for 2022-2026, Dr. Leseli Masuku—Technical Project Director, was appointed as the Technical Validator for the prevention of mother-to-child transmission of HIV (PMTCT) component during the development of the National HIV/AIDS strategic plan (2023-2028). Additionally, other members of the m2m Lesotho team were called upon to provide their specialised knowledge and skills in various key areas, including HIV prevention, HIV testing, care and treatment, monitoring and evaluation, as well as human resources for health. These contributions reflect our ongoing dedication to making a positive impact on healthcare, and we look forward to further collaboration and progress with the Ministry of Health and other key stakeholders in the future.
MALAWI

- In March 2023, communities across Malawi were devastated by Cyclone Freddy, an intense tropical storm that—together with the associated flooding—caused death and destruction across the region. m2m Malawi received emergency funding to address the impact. The project ran between April and June, and its primary objective was to ensure the uninterrupted delivery of essential health services to vulnerable populations. These included pregnant and breastfeeding women (PBWF), adolescent girls and young women (AGYW), children, and individuals at high risk of contracting or living with HIV. The project successfully re-initiated 4,768 PBFW into antiretroviral treatment (ART) and delivered Sexual Reproductive Health Services (SRHS) in safe and welcoming environments to 9,626 adolescents.

- Under our 2022-2026 strategic plan, we are delivering integrated primary health care services and expanding the range of health conditions we address. In support of this and in line with Malawi's national vaccination policy, m2m trained 46 Mentor Mothers to promote the uptake of vaccines for conditions including like malaria and cervical cancer. We have also collaborated with district immunisation teams in Lilongwe to conduct community-level awareness campaigns aimed at parents of children under the age of five, adolescent girls between nine and 14, and adults. As a result of these efforts, 972 adolescent girls and young women have received their first dose of the HPV vaccine across two healthcare facilities.

New Clients Enrolled: 30,459
Mentor Mothers Employed: 105
MOZAMBIQUE

New Clients Enrolled: 17,850  Mentor Mothers Employed: 378

- m2m Mozambique is dedicated to providing tailored services to ensure that clients have access to Pre-Exposure Prophylaxis (PrEP), a medication that can effectively prevent the transmission of HIV. For this reporting period, we enrolled 93 new HIV-negative pregnant and breastfeeding women (PBFW) who are in sero-discordant relationships (i.e. one partner is living with HIV and the other is not) into our programme. These women were promptly initiated on PrEP. Furthermore, Mentor Mothers provided support to all their partners to reinforce adherence to HIV treatment and achieve viral suppression. To date, we have successfully enrolled and tracked the progress of 378 PBFW and their partners. Additionally, 209 eligible negative PBFW underwent a repeat HIV test after three months, and the results were consistently negative for all of them. Impressively, 89% (163 out of 184) of the eligible partners who received viral load tests achieved viral suppression, indicating the effectiveness of our support and intervention efforts.

- To enhance children’s adherence to HIV treatment and achieve better viral suppression in paediatric care, m2m increased efforts to educate caregivers. This included informative sessions on paediatric drug preparation and administration during morning lectures, personalised one-on-one interactions at healthcare facilities, and home visits. This quarter, we successfully conducted 6,963 demonstrations on how to prepare and administer paediatric ARVs. This comprised 3,021 sessions at healthcare facilities and 3,942 in communities. These efforts have contributed to improved care for paediatric cases, fostering healthier futures for the children we serve.

- Following the devastating impact of Cyclone Freddy (in March 2023), m2m launched an emergency appeal, and we were delighted to receive timely support from ViiV Healthcare Positive Action and the Swarovski Foundation. Thanks to this support, we were able to assist our colleagues whose homes had been damaged or destroyed by the storm. We were also able to maintain and increase their efforts in Zambezia province by providing additional health education and support to vulnerable women and their families designed to avoid or minimise any service interruption in key areas such as HIV prevention, testing, and treatment, adherence to antiretroviral therapy (ART), prevention of mother-to-child transmission of HIV (PMTCT), as well as the prevention of TB and malaria. This was achieved by increasing community-based activities, as many clients were unable to get to health facilities. As sanitation was a major concern in the aftermath of the storm, we were also able to distribute water purification tablets and educate communities on sanitation issues.
### SOUTH AFRICA

**New Clients Enrolled:** 27,618  
**Mentor Mothers Employed:** 267

- The USAID-funded Children and Adolescents are My Priority (CHAMP) project in Mpumalanga province successfully provided crucial support to 29,670 of the most vulnerable children under 18 years old who are affected by or infected with HIV in three districts: Ehlanzeni, Gert Sibande, and Nkangala. This means that the project has achieved 63% of its annual target of 49,973 at the half-way point of the project year (September 2023 to October 2024). This was achieved through the dedicated, tailored support provided by 133 Family Mentors. Those reached included a total of 9,543 Children and Adolescents Living with HIV/AIDS (CLHIV) with various aspects of HIV care, including education about treatment, support for treatment adherence, assistance with disclosure, and guidance on achieving viral suppression. Importantly, every CLHIV in the programme consistently adhered to antiretroviral therapy (ART) and an impressive 99% of the targeted individuals had a known HIV status.

- Project AMPLIFY, an ambitious initiative by m2m aimed at enhancing the overall health, psychosocial well-being, and mental health of Men who have Sex with Men (MSM) in South Africa, has recently expanded its reach to Gauteng province. In a strategic move to extend the project’s footprint and magnify its impact, m2m is collaborating with Access Chapter 2 in Johannesburg. During this quarter, we successfully onboarded, trained, and deployed nine dedicated Life Peers within the Tshwane district. These Life Peers will play a pivotal role in implementing the peer-based support model among the target populations in the area, with the aim of reaching 15,967 clients in South Africa this year. This programme is supported by the Merck Foundation and underscores our commitment to the overarching vision that health for all brings opportunity for all.

### TANZANIA

**New Clients Enrolled:** 5,378  
**Mentor Mothers Employed:** 34

- During this reporting period, a total of 787 clients against an annual target of 826 clients received critical care for the prevention of mother-to-child transmission of HIV (PMTCT) across the 10 health facilities supported by m2m in the Morogoro region. The adherence to treatment for clients stood at 99%, surpassing the UNAIDS target of 95%. This success can be attributed to the diligent efforts of Mentor Mothers, who are known locally as Mother Champions. They continued to offer enhanced adherence support to clients facing challenges with treatment adherence. Furthermore, they played a pivotal role in closely monitoring mother-baby pairs through active client follow-up and provided peer support via phone. These interventions contributed to improved health outcomes for both women and their babies.
UGANDA

- m2m achieved its targets for the adolescent health project “Zeroing in to End the HIV Epidemic” implemented from January 2022 to June 2023 in six health facilities and communities in Jinja, East Central Uganda. Through the robust facility and community interventions and using the m2m integrated service delivery platforms, the project reached and provided integrated Adolescent Sexual Reproductive Health services to a total of 99,310 clients against the project target of 92,504. These include 68,099 adolescent and young people (AYP) aged 10-24 years (116% of target) and 30,958 secondary beneficiaries (caregivers, children under 10, older male spouses) (92% of target).

- In this quarter, m2m actively engaged in national-level efforts to help deliver the Uganda National Community Health Strategy (NCHS). In recent quarters, we helped to shape this forward-thinking strategy, which recognises the critical role that paid, professional community health workers can play in delivering universal health coverage and was launched in Q1 of 2023. In June 2023, m2m organised a significant breakfast meeting, titled “Bringing the Ugandan National Community Health Strategy to Life,” bringing together key stakeholders in the country’s health sector. The primary objectives of this gathering were to facilitate the sharing of experiences and knowledge, identify challenges, and foster partnerships aimed at effectively implementing the NCHS that would ensure universal health coverage for all Ugandans. Notably, the event attracted 130 participants from various quarters, including senior management from the Ministry of Health, donor agencies such as The U.S. President's Emergency Plan for AIDS Relief (PEPFAR) and U.S. Centers for Disease Control and Prevention (CDC), Amref Health Africa, among others, district leaders from the East Central region, and other key implementing partners operating within m2m’s programme areas. As we move forward, m2m remains dedicated to actively contributing to the realisation of the strategic goals as set out in the NCHS, with the aim of advancing the well-being and healthcare access for all Ugandans.

- Using a multisectoral approach, m2m continued its robust community engagement efforts, including integrated outreach programmes and sensitisation events involving community structures, leaders, and sub-county technical teams which positively influenced the attendance, utilisation, and outcomes of adolescent health interventions within health facilities. As evidenced by the Knowledge, Attitude, and Practices (KAP) survey conducted in June 2023 in East and Central Uganda, the results were highly encouraging. The attendance and utilisation of services among adolescent and young people (AYP) increased significantly—from 8,460 (between June and December 2021) to 14,157 (from January to June 2023), marking an impressive 67% increase. Moreover, the proportion of AYP attendees compared to the total attendance improved from 16% (8,460 out of 54,403) to 20% (14,157 out of 72,364). These results reflect the tangible impact of m2m's community engagement efforts and underscore our commitment to advancing the health and well-being of AYP in the community.
Pregnant adolescent girls and young women (AGYW), aged 12–24 years, face a heightened risk of experiencing mental health issues. In Lusaka, Mentor Mothers supported through the ViiV Healthcare Positive Action Programme grant played a crucial role in addressing this concern. They provided a range of mental health services, including screening, education, counselling, and referrals, to 844 eligible AGYW, successfully meeting the project target. Through these efforts, 130 AGYW were identified as facing challenges related to depression and anxiety. To address their specific needs, 43 individuals were referred to DREAMS (Determined, Resilient, Empowered, AIDS-free, Mentored and Safe) centres for life skills and economic support, 35 were directed to services related to gender-based violence (GBV), and 52 related to mental health services and support. This intervention demonstrated that community-based mental health services can effectively identify stress and anxiety symptoms among pregnant AGYW.

Additionally, with support from the ViiV Healthcare Positive Action Programme grant, Adolescent Peer Mentors have revitalised and enhanced underutilised youth-friendly spaces in five health facilities within Lusaka District. The team accomplished this by offering specialised youth-friendly services aimed at promoting both acceptance of their HIV status and adherence to treatment among young individuals who are living with HIV. These support group meetings have had a significant positive impact, benefiting 134 Adolescent Girls and Young Women (AGYW) living with HIV as well as 15 Adolescent Boys and Young Men (ABYM). These sessions have been instrumental in fostering acceptance, encouraging disclosure, and promoting adherence to HIV treatment. Notably, the current suppression rate for the project’s clientele stands impressively high at 96%, surpassing the targeted rate of 95%.
mothers2mothers (m2m) is proud to report revenues of $11.6M for the period ending 30 June 2023. Expenses totalled $12.9M of which 86% was spent on programme activities across our implementing countries. We ended the quarter with Global Net Assets of $39.3M of which $33.5M was Unrestricted.

In terms of our FY 2023 forecast, we have reduced our FY 2023 Revenue projections from $30M to $28.2M, given the uncertainty around the timing of awards i.e when grants will be awarded/received. FY 2023 Expense projections have also been reduced from $31.8M to $29.2M.

In May, m2m celebrated a decade-long partnership with Gucci with two in-store events in New York City and Los Angeles for Mother’s Day. Over the years, Gucci has provided m2m with strategic and programmatic support to enable us to scale and grow.

m2m has a long-standing partnership with MAC AIDS Fund, which has most recently seen the MAC AIDS FUND support m2m’s Children and Adolescents are My Priority (CHAMP) project in South Africa. CHAMP identifies vulnerable and at-risk young people and supports them to access health care and social services they need.

In April, m2m’s hosted a roundtable discussion in New York, “Health for All in Challenging Contexts: Achievable Dream or Impossible Reality?” The roundtable was attended by major foundations and companies including Rockefeller Foundation, Pfizer Foundation, and Merck, and hosted by m2m Malawi Country Director—Dr. Bridget Malewezi, m2m Director of Programmes & Technical Support—Dr. Kathrin Schmitz, and m2m Chief Growth Officer—Emma France.
In Focus: Reflecting on the United Nations Multi-Stakeholder Meeting on Universal Health Coverage

The global health community convened in New York in May for a pivotal event—the United Nations (UN) Multi-Stakeholder Meeting on Universal Health Coverage (UHC), Tuberculosis (TB), and Pandemic Preparedness and Response. With just seven years left to meet the UN's global deadline for universal health coverage, advocacy groups like mothers2mothers (m2m) played a crucial role in advocating for community-led solutions and the vital role of female community health workers (CHWs).

The two-day gathering brought together representatives from Member States, UN agencies, civil society, policymakers, non-governmental organizations, academia, and the private sector. It provided a platform to evaluate the progress in ensuring equitable access to healthcare for all and emphasized the inclusion of CHWs in shaping the roadmap for UHC, setting the stage for the UN High-Level Meeting on UHC in September. m2m was delighted to be invited, and to be selected to speak from the floor on behalf of community health workers.

Action Agenda: Shaping the Future

One of the highlights of the meeting was the Action Agenda from the UHC 2030 movement, which m2m and its partners actively contributed to. This comprehensive set of action-oriented policy recommendations serves as a blueprint for country leaders to build robust and equitable health systems, advance UHC and health security, and achieve health for all by 2030.

The Action Agenda encompasses eight key action areas, each playing a pivotal role in the journey toward health for all:

1. Championing political leadership for UHC
2. Ensuring that no one is left behind
3. Adopting enabling laws and regulations
4. Strengthening the health and care workforce to deliver quality healthcare
5. Investing more effectively in healthcare
6. Advancing collectively toward universal health coverage
7. Guaranteeing gender equality in health
8. Connecting universal health coverage with health security

m2m was pleased to see that the Action Agenda now explicitly highlights CHWs and community-led responses, following input from various stakeholders. This includes the integration of services and approaches that support UHC, health security, and emergency preparedness, as well as increased financing and support for health workers, particularly CHWs.
The Missing Link: Digital Health
While celebrating these achievements, it is essential to address a critical element that was somewhat overlooked during the meeting—the urgent need to better equip CHWs with digital health technologies. These tools have demonstrated their effectiveness in reaching marginalized populations and delivering tailored services, real-time data, and guidance, ultimately complementing in-person care.

Taking Stock and Moving Forward
As the dust settles from the Multi-Stakeholder Meeting, it is apparent that substantial progress has been made in advocating for UHC and the critical role of CHWs. The inclusion of CHWs in the Action Agenda’s recommendations signifies that global leaders are listening, and that civil society has the power to influence change. This is an inspiring reminder that grassroots voices must be recognized and incorporated into the global healthcare conversation.

CHWs + PHC = UHC
The importance of female CHWs in achieving UHC was a recurrent theme during the meeting. UHC depends on quality Primary Health Coverage (PHC), and this, in turn, relies heavily on well-trained and supported CHWs. These frontline workers have the potential to save millions of lives and increase life expectancy, especially in low- and middle-income countries.

For m2m, female CHWs are central to our mission. Our model, which employs local women living with HIV as CHWs, known as Mentor Mothers, has yielded remarkable results. Since our inception in 2001, nearly 12,000 Mentor Mothers have reached over 15 million people across a dozen African nations, providing life-saving health services and helping to save the lives of over two million women and children. Despite their invaluable contributions, only 14% of CHWs in sub-Saharan Africa receive salaries, and a gender pay gap continues to persist in the healthcare sector. This situation is unacceptable. The urgency of investing in female CHWs cannot be overstated. This investment must prioritize equal pay, formal recognition, certification, and accreditation of female CHWs, motivating them and highlighting the value of their work.

As we reflect on the Multi-Stakeholder Meeting on UHC, it is evident that significant strides have been made, and the global healthcare community is on the right path towards health for all. However, challenges remain, and it is crucial to build on the momentum generated during this meeting. Advocates like mothers2mothers will continue their mission to empower female CHWs and make healthcare for all a reality. The clock is ticking, and the time for action is now to ensure a healthier future for all.