



mothers2mothers QUARTERLY IMPACT REPORT

1 July 2023 - 30 September 2023



The Big Picture (as of 30 September 2023)

13,144,479

Index Clients* reached with direct services since 2002



Number of Mentor Mothers currently employed by m2m

1,158



Number of Mentor Mothers employed since 2002

11,795

Clients reached by eServices since inception (April 2020)

495,224 **

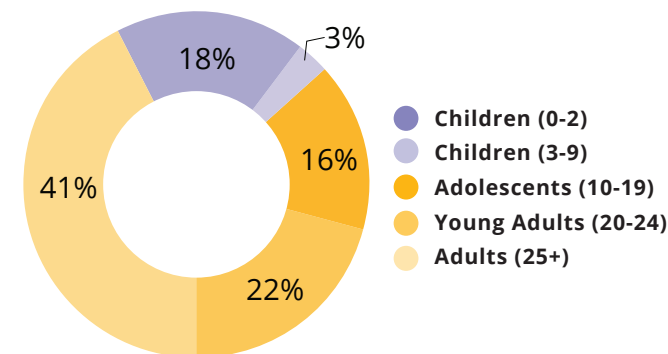
Three Key Takeaways From This Quarter

- Achieved annual target for new client enrolment by end of Q3.** Despite several site closures and scale backs, by the end of the quarter, we had enrolled 442,543 new clients through direct service delivery in 2023, against an annual target of 441,073.
- Financial Resilience Amid Challenges.** Ongoing challenges in the external environment have resulted in a re-adjusting downwards of our revenue projections by 16%. Disciplined cost management throughout the year has ensured that expenses remain lower than budgeted, reflecting our commitment to financial stewardship and sustainability.
- Embracing Partnerships to Strengthen Health Systems.** This quarter, m2m continued to play a pivotal role in health systems strengthening in Kenya, Malawi, and Tanzania, fostering partnerships with governments and key stakeholders to enhance the effectiveness and reach of quality healthcare services.

Number of New Clients Reached (Direct Service Delivery) Q3 2023	Q2 2023	Q3 2023	2023		% Target Reached*** (Preliminary)
	m2m Actuals***	m2m Actuals***	Annual Target	Cumulative Reach (Year To Date)	
Children (0-2)	20 610	21 024	70 729	61 070	86%
Children (3-9)	8 933	3 155	28 419	24 202	85%
Adolescents (10-19)	39 718	18 887	60 458	117 844	195%
Young Adults (20-24)	22 916	25 343	77 203	69 918	91%
Adults (25+)	51 414	48 953	204 264	169 509	83%
TOTAL	143 591	117 362	441 073	442 543	100%

Our In-Person Service Reach in Quarter 3: A Closer Look	Our Reach previous Quarter***	Our Reach this Quarter***	Annual Target	Cumulative Reach (Year To Date)	% Target Reached*** (Preliminary)
Adolescents and Adults (disaggregated by HIV status) Newly Enrolled					
HIV-positive 10+	33 614	26 693	145 230	94 920	65%
HIV-negative 10+	63 196	49 388	162 465	195 803	121%
Unknown Status at enrolment / status not documented 10+	20 547	19 401	34 697	75 128	217%
Subset of total: Clients 10+ reached by HIV status	117 357	95 482	342 392	365 851	107%
Children Ages 9 and Under (disaggregated by HIV exposure/status) Newly Enrolled					
HIV-exposed children 0-2	6 290	7 593	26 339	17 788	68%
HIV-unexposed children 0-2	12 829	12 568	35 006	37 630	107%
Children 0-2 of unknown exposure / exposure not documented at enrolment	84	25	2 953	209	7%
HIV-positive children 0-9	1 339	630	527	4 014	762%
HIV-negative children 0-9	2 165	157	15 669	8 730	56%
Children 0-9 of unknown status at enrolment or status not documented	3 527	907	18 187	8 321	46%
Subset of total: Children 0-9 reached by HIV exposure and HIV status	26 234	21 880	98 681	76 692	78%

New Clients Enrolled by Age (Q3 2023)



* Index clients: HIV-positive and HIV-negative pregnant women, new mothers, as well as HIV-exposed and unexposed children under 2 years old. Reached = received one or more m2m service including: Prevention of Mother-to-Child Transmission; Reproductive, Maternal, Newborn, and Child Health; Early Childhood Development; and Adolescent Health

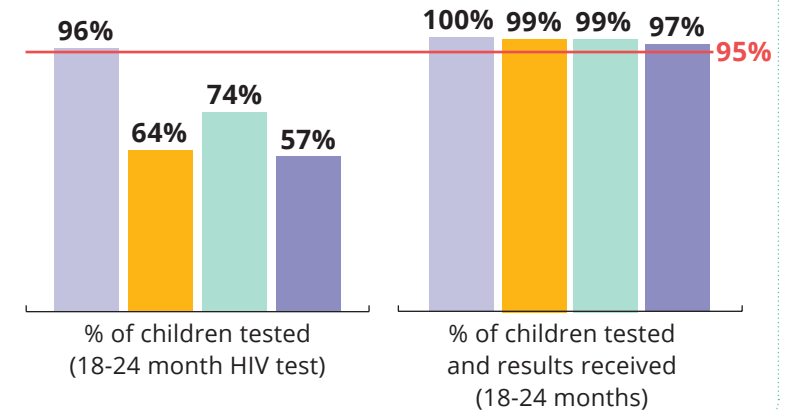
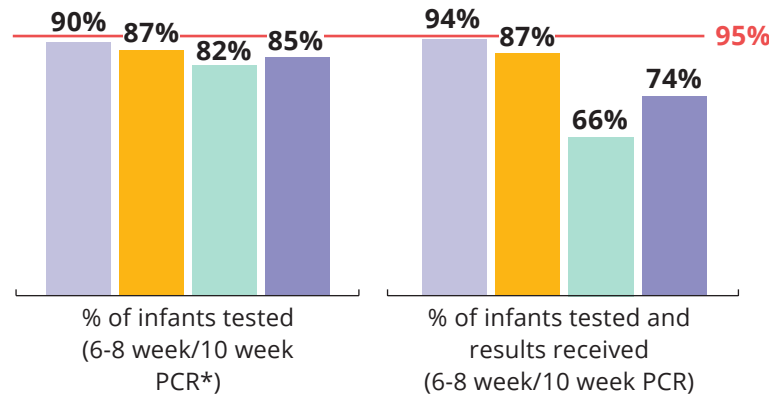
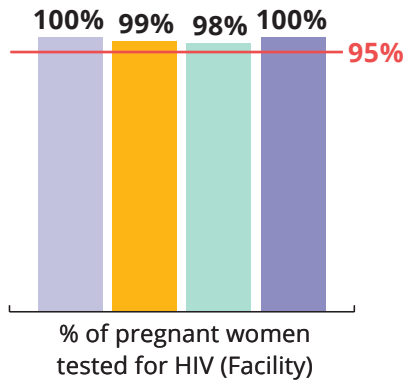
** eServices refer to both Peer Services delivered by phone and our automated Virtual Mentor Mother Platform (VMMP). Peer via phone services were rolled out by 15 April 2020, and a total of 437,880 clients have been reached through this channel. The VMMP was soft launched, in English only, on 10 June 2021, and by the end of Q3 (2023), 53,887 clients enrolled for this service.

*** Preliminary results, subject to further data audits

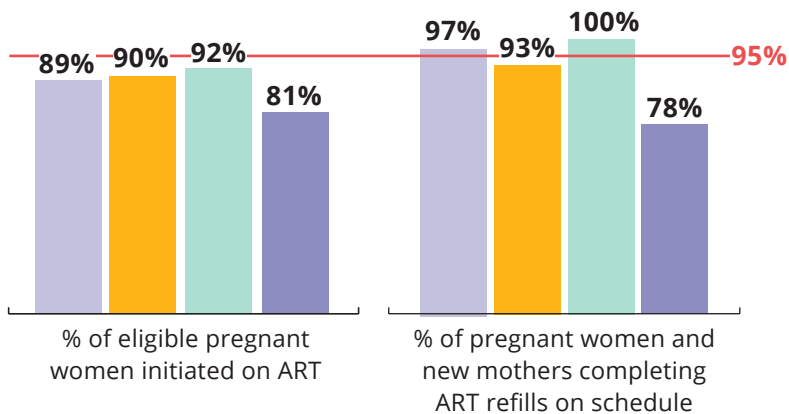
Progress Towards the Three 95s

1st 95 - Know Your Status

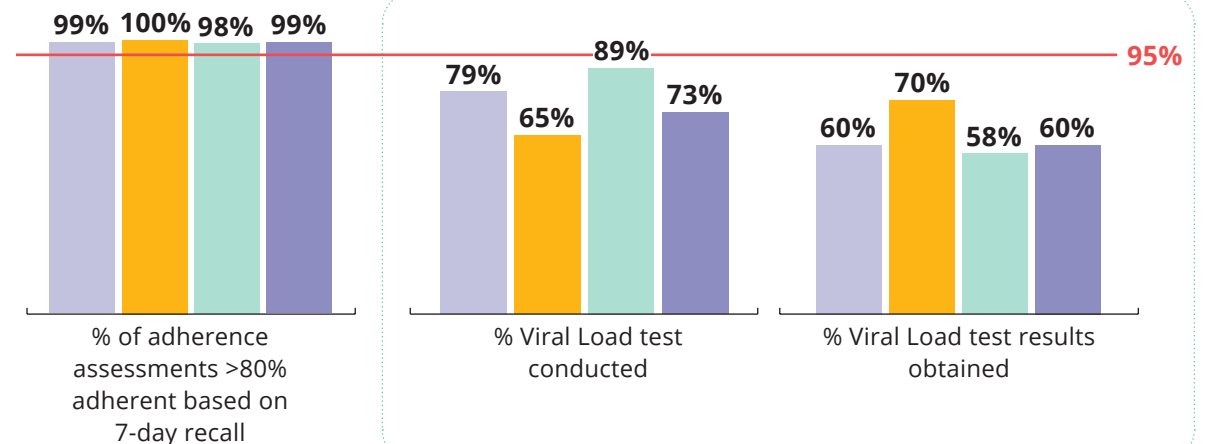
● Q3 2023 ● Q2 2023 ● Q1 2023 ● Q4 2022 — Target



2nd 95 - On Antiretroviral Therapy



3rd 95 - Adherent and Virologically Suppressed



* PCR = Polymerase chain reaction test-a highly sensitive and accurate test for early detection of HIV infection. It is administered at different times in different countries, depending on national guidelines.

Highlights by Country This Quarter

This quarter, m2m successfully concluded the implementation of multiple projects conducted under the USAID-funded Reducing Infections through Support and Education (RISE II) mechanism in Angola, Lesotho, and Tanzania. RISE II—which ran from December 2017 and will conclude by end of December 2023—had an overarching aim to alleviate the impact of HIV and address related health issues, enhancing the health and well-being of communities in Southern and Eastern Africa. Through this project, m2m delivered significant impact for our enrolled clients, including achieving the virtual elimination of mother-to-child transmission of HIV, achieving UNAIDS' 95-95-95 targets, layering clinical services such as HIV testing and noncommunicable diseases (NCD) management into our model, and ensuring lasting impact through health systems strengthening initiatives, including through policy advice, guideline/framework development, and capacity building for governments and other implementing partners. Between September and October, we hosted several in-country events to celebrate our achievements, and we look forward to continuing our mission in these countries following the end of RISE II.

Meanwhile, we continued to evolve our model to meet the changing needs of the communities we serve. This quarter, Mentor Mothers implemented new and innovative strategies to enhance health services for children and adolescents in Angola, Ghana, Malawi, South Africa, Uganda, and Zambia. This included improving connections between clinics and communities, layering in services to tackle malaria, increasing retention in care, ensuring adherence to treatment, and providing age-appropriate sexual and reproductive health information.



Highlights by Country This Quarter (Continued)



ANGOLA

New Clients Enrolled: 2,306

Mentor Mothers Employed: 65

- We seamlessly integrated malaria education, screening, prevention, and treatment into our direct service delivery model, in line with our Strategic Plan. By the end of September, an impressive 12,715 clients had received education and screening, surpassing the target by 662%. Among them, 12,703 were referred for malaria testing at health units, and 5,092 tested positive for malaria, all of whom were promptly initiated on treatment.
- m2m, through funding from USAID, supports the First Lady's "Born Free to Shine" campaign under which Mentor Mothers provide comprehensive prevention of mother-to-child transmission of HIV (PMTCT) services to new and enrolled clients. Over the period October 2022 to September 2023, m2m successfully conducted HIV testing for 12,300 contacts, surpassing the annual target of 8,784. Of those tested, 679 individuals tested positive and 603 (89%) were initiated on treatment.

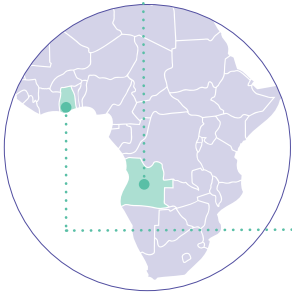


GHANA

New Clients Enrolled: 4,683

Mentor Mothers Employed: 36

- m2m Ghana has broadened its integrated Reproductive, Maternal, Newborn, Child Health, and Early Childhood Development (RMNCH/ECD) programme by introducing self-assisted HIV testing in collaboration with the Ghana Network of HIV/AIDS NGOs (GHANET). In this quarter, a total of 360 clients underwent self-assisted HIV testing, resulting in 22 positive cases and a positivity rate of 6%. Among the tested clients, 111 (30.8%) were adolescent girls and young women, 204 (56.7%) were adult women, and 45 (12.5%) were males across both age categories. Notably, 120 (30%) of those tested were pregnant mothers who, through site-level awareness-raising sessions, voluntarily opted for HIV testing.
- m2m believes in a family-centric approach to health care. This quarter, we scaled up our monthly paediatric caregiver support groups. Paediatric caregivers have diverse needs, including support for disclosure, treatment literacy, and assistance with socio-economic empowerment. Many caregivers are older and find it challenging to manage the responsibilities of caring for young children undergoing treatment for HIV or other conditions. During this reporting period, m2m Ghana conducted 18 paediatric caregiver sessions, surpassing its initial target of six sessions. Four hundred and seventy caregivers, compared to 306 the previous quarter, were reached against a target of 150 individuals.



Highlights by Country This Quarter (Continued)



KENYA

New Clients Enrolled: **1,799***

Mentor Mothers Employed: **1**

- In July, 25 Mentor Mothers were trained under the 'Born to be Healthy' project—a consortium led by Medicus Mundi Italia—and integrated into six Nairobi health facilities. Between August 1 and September 30, Mentor Mothers held 74 group health education sessions, reaching 606 women and 26 male partners, covering topics such as nutrition, breastfeeding, HIV prevention, and maternal health. This initiative aims to prevent HIV transmission in targeted communities. m2m's role in the consortium is to provide crucial technical assistance, selecting and training Mentor Mothers and Community Health Promoters, coordinating daily activities, and offering supportive supervision. This strategic and sustainable community health project is set to continue until January 2025.

** This reach includes reach through technical assistance services, and through direct service delivery at one site only before this site was closed on July 30, 2023*

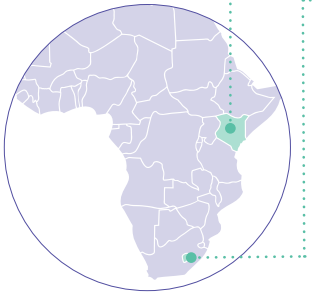


LESOTHO

New Clients Enrolled: **21,176**

Mentor Mothers Employed: **207**

- m2m Lesotho marked the successful conclusion of the RISE II programme with a well-attended close-out event in Maseru. The initial RISE programme in Lesotho, spanning from 2013 to 2017, facilitated the expansion of our work from 21 to 56 facilities. Building on this success, m2m extended its impact for another six years through the implementation of RISE II. Across 11 years, m2m Lesotho achieved significant milestones, employing over 200 Basotho women and integrating crucial services alongside our HIV offering such as cervical cancer, tuberculosis, gender-based violence, and support for orphans and vulnerable children. Their efforts resulted in a low mother-to-child transmission of HIV (MTCT) rate, with only a 1.5% MTCT rate among enrolled m2m clients in 2022. Additionally, we achieved an impressive 100-100-96 against UNAIDS' 95-95-95 targets among enrolled m2m clients. In addition, 6,262 postnatal women were screened for cervical cancer, 96 of whom had pre-cancer lesions that were treated with thermocoagulation by m2m MCH nurses.
- Testing HIV-exposed infants (HEI) within two months of birth is crucial for assessing the effectiveness of PMTCT interventions and providing appropriate health services. In the current quarter, 96% of HEIs were tested within two months of birth, up from 94% in the previous quarter. This success is attributed to improved coordination of Mother-Baby pairs by m2m Maternal and Child Health Nurses and HIV Testing Service Mentors, ensuring timely clinical appointments. Furthermore, educating post-natal mothers and engaging in one-on-one interactions empowered them to better grasp the advantages of early infant testing.
- In this quarter, 1,949 clients underwent viral load testing, with an impressive 98% (1,912 out of 1,949) achieving viral suppression. This accomplishment surpasses the UNAIDS target of 95% and ensures that our clients living with HIV can lead healthy lives and reduce the risk of onward transmission to zero.



Highlights by Country This Quarter (Continued)



MALAWI

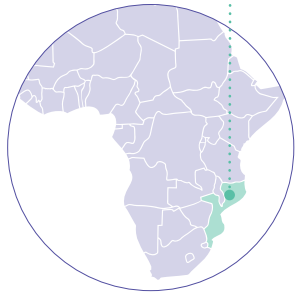
New Clients Enrolled: 32,155

Mentor Mothers Employed: 105

- In sub-Saharan Africa, adolescent girls and young women (AGYW) aged 15-24 years are twice as likely to be living with HIV than their male counterparts (UNAIDS, 2022). In January 2023, m2m in Malawi increased the number of Adolescent Mentor Mothers from 14 to 20 who in turn reached 13,059 pregnant AGYW this quarter. This marks a notable increase of 2,871 (27%) compared to the same period in 2022. Of the AGYW enrolled by m2m, 455 were living with HIV and were either already on treatment or enrolled on treatment by m2m. The substantial growth in reach is attributed to the deployment of additional Adolescent Mentor Mothers in the district. This reach was further supported by robust supervision provided by m2m Site Coordinators, along with effective training interventions and vibrant peer-to-peer interactions among adolescents.
- Cyclone Freddy had a significant impact on health and livelihoods in the Mulanje region of southern Malawi. Working in a post-disaster setting, m2m applied its Mentor Mother Model to address key issues, including reinstating disrupted HIV care and treatment, improving adolescent health, and addressing gender-based violence. Fifty-eight [58] Mentor Mothers played a crucial role in identifying vulnerable populations, ensuring they received the necessary health services, and were reintegrated into care. During the performance period, m2m achieved notable results: 6,960 pregnant and breastfeeding women (PBFW) were re-initiated onto antiretroviral therapy (ART), 402 clients living with HIV were newly initiated on ART, and an average of 95% of all clients reached were retained in care. Additionally, a total of 3,264 HIV-exposed children and adolescents were identified and referred for appropriate services. Furthermore, 6,670 parents and caregivers were supported to ensure that their children accessed critical child health services, including HIV testing, growth monitoring, nutritional status assessment, and immunisations.
- The 2022 edition of Malawi's Clinical HIV Guidelines recommends the routine screening of all ART patients for noncommunicable diseases (NCDs). Adhering to these guidelines, and advancing our 2022–2026 Strategic Plan, Mentor Mothers have made significant progress in screening pregnant women living with HIV for NCDs. This quarter, a total of 1,422, out of a target of 1,729, pregnant women living with HIV were screened for NCDs, marking a 25% improvement compared to Q2, where 729 out of a target of 1,267 were screened. Nine clients were subsequently referred to NCD units for further management. These efforts by Mentor Mothers contribute to the early diagnosis and management of NCDs.



Highlights by Country This Quarter (Continued)



MOZAMBIQUE

New Clients Enrolled: 17,191

Mentor Mothers Employed: 378

- m2m has been chosen to participate in the World Food Programme (WFP) Innovation Accelerator Sprint Programme, supported by the WFP Mozambique Country Office, to enhance the nutrition and food security of pregnant and breastfeeding women (PBFW), infants, and families at risk of or living with HIV in Cabo Delgado province. The project's goal is to reach 5,000 individuals, ensuring that at least 50% of those engaged in this pilot project have access to a diverse and balanced diet, ultimately leading to improved health outcomes. The six-month sprint began in July 2023 and will continue until January 2024. To date, 1,108 clients have been enrolled in the nutrition programme, and 23 infants have been diagnosed and treated for acute malnutrition while receiving micronutrient supplements.
- Mentor Mothers play a pivotal role in providing psychosocial support and health education to pregnant women living with HIV, with the primary goal of reducing the risk of mother-to-child transmission (MTCT) of HIV. Through support group sessions and one-on-one meetings, Mentor Mothers openly share personal challenges and experiences related to the prevention of mother-to-child transmission (PMTCT) of HIV, fostering a stronger commitment to lifelong treatment. This quarter, the impact of their efforts is evident: a total of 30,728 women attended their initial antenatal clinic (ANC) visit, maintaining performance levels from the previous quarter. Notably, among these women, 28,833 with an unknown HIV status were tested during their ANC visit, achieving a 100% HIV testing rate. A significant outcome emerged as 2.3% tested positive, and these individuals were promptly initiated on long-term antiretroviral treatment (ART).
- Earlier this year, m2m launched a pilot of the USAID-funded DREAMS (Determined, Resilient, Empowered, AIDS-free, Mentored and Safe) programme specifically designed for emergency contexts, with a focus on improving services for internally displaced adolescent girls and young women (AGYW) in Cabo Delgado province. The primary objective was to enhance the accessibility of high-impact HIV prevention services for this vulnerable demographic. As this quarter concluded, a total of 774 AGYW had successfully completed the programme's services, exceeding the annual target by an impressive 108%. To sustain the positive outcomes, m2m will continue to provide intensive supervision and technical support. Additionally, we will stay vigilant regarding the movements of displaced populations, conduct training on gender-based violence (GBV) and post-violence care, and integrate financial literacy sessions as an initial measure to minimize dropouts from the DREAMS programme.

Highlights by Country This Quarter (Continued)



SOUTH AFRICA

New Clients Enrolled: **2,749**

Mentor Mothers Employed: **260**

- In Mpumalanga province, the Children and Adolescents Are My Priority (CHAMP) team achieved exceptional results in the implementation of USAID's DREAMS (Determined, Resilient, Empowered, AIDS-free, Mentored and Safe) family strengthening activities. Between July and September, the activities successfully provided family strengthening interventions to a total of 23,282 adolescent girls and young women (AGYW) across 16 sub-districts, representing 87% of the annual target set for the period between October 2022 and September 2023. This marked a significant increase compared to the 11,791 AGYW reached in the previous quarter. Clients ranged between 10 and 17 years of age and received either the Let's Talk or Sinovuyo parental interventions. Additionally, CHAMP extended its impact to 3,481 caregivers of the AGYW.
- The m2m Innovation Hub at the Ikhwezi Community Health Centre in Cape Town successfully switched to a paperless and fully digital system for recording client information. This project was aimed at enhancing programme implementation and operational efficiencies. This transition has had a positive impact, with Peer Mentors expressing increased satisfaction and a significant improvement in client interactions.

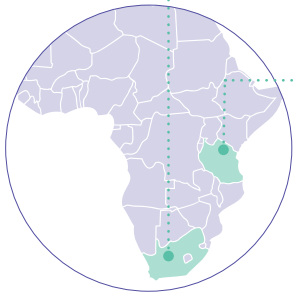


TANZANIA

New Clients Enrolled: **7,929**

Mentor Mothers Employed: **34**

- To amplify our impact, m2m provides health system strengthening services rooted in our 20 years of implementation experience. In this quarter, m2m continued its support to the Government of Tanzania in strengthening the Ministry of Health and its partners to deliver improved reproductive, maternal, newborn, child, and adolescent health (RMNCAH) services. We supported the development of clear guidelines, educational materials, and practical tools, including standard operating procedures (SOPs), communication materials (IEC), and job aids. These resources, focused on the triple elimination of vertical transmission of HIV, Syphilis, and Hepatitis-B, serve as comprehensive guides for policymakers, national mentors, and healthcare workers. They are specifically designed to improve the quality of services, with a focus on counselling and testing, initiation, and adherence to antiretroviral therapy (ART), collection and testing of dried blood smear samples, and monitoring of HIV viral loads.
- Mother Champions (as Mentor Mothers are known in Tanzania) play a vital role in ensuring that HIV-exposed infants achieve a final prevention of mother-to-child transmission of HIV (PMTCT) outcome, through a final HIV test at 18-24 months. Through personalised guidance, regular check-ins, education, and counselling, along with meticulous tracking and documentation, they provide crucial support to mothers living with HIV and their infants towards this end goal. From 1 October 2022 until the end of this quarter, 100% (541) of HIV-exposed infants supported by Mother Champions had their PMTCT final outcomes documented in mother and child cohort registers. Impressively, only 1% of mother-baby pairs were lost to follow-up at the final outcome after final test documentation, a substantial improvement compared to the 21% and 5% reported respectively in the 2021 and 2022 fiscal years. This 20% reduction in loss-to-follow-up clients over the 24-month follow-up cohort from fiscal year 2021 reflects the effective and consistent efforts of m2m's frontline team.



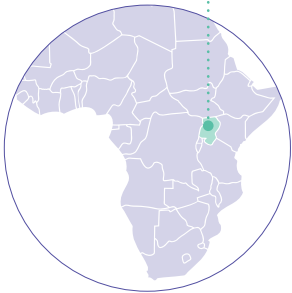
Highlights by Country This Quarter (Continued)



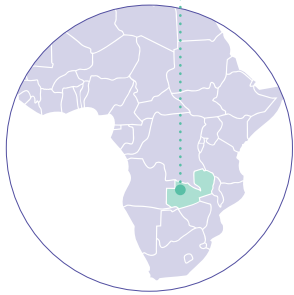
UGANDA

New Clients Enrolled: **25,408** Mentor Mothers Employed: **44**

- Over the past five years, m2m Uganda's reproductive maternal, newborn, child, and adolescent health (RMNCAH) programme has evolved to include comprehensive early childhood development (ECD) activities aimed at identifying developmental delays and disabilities in children aged 0-8 years. In Q3, Mentor Mothers continued to introduce innovative ECD Parent Information Play Sessions (ECD/PIPS) in both health facilities and communities. The Mentor Mothers achieved a notable increase in the early identification of children (0-8 years) with delayed developmental milestones and potential disabilities, rising from 439 in Q1 to 910 in Q2 and further to 1,460 in Q3. This substantial progress has significantly contributed to the expansion of m2m's ECD programme in Uganda, now incorporating early identification, education, and seamless linkage to care.
- m2m made significant improvements to Mentor Mother achievements using advanced strategies that resulted in better health outcomes for clients. We increased mentorships, improved coordination between facilities, and enhanced networking for tracking tests and client follow-up. We also strengthened communication and collaboration between district health teams and clinical implementing partners. As a result, access to viral load test services for supported clients increased to 89% in Q3 from 67% and 73% in Q1 and Q2 respectively. Similarly, the percentage of clients receiving viral load test results improved to 61% in Q3 from 31% in Q1 and 47% in Q2. For DNA-PCR test results for infants at 4-6 weeks, there was an increase from 61% in Q1 and 74% in Q2 to 100% in Q3. These improvements show the effectiveness of the implemented strategies in enhancing programme outcomes.
- To ensure the sustainability of women's economic empowerment efforts in Uganda, m2m has strengthened the capacity of district local governments to oversee and manage Village Savings and Loan Associations (VSLAs) established by m2m after we ended our day-to-day support. A workshop was held for 25 community development officers and district commercial officers, who are now providing support to 131 VSLAs. The goal is to improve the financial independence and resilience of marginalised women and their households through coaching on income generating activities. Over the next three months, district teams will focus on enhancing the VSLAs' capabilities in governance, reporting, and connecting to government livelihood opportunities and financial institutions.
- m2m, in partnership with the Ministry of Health's Community Health Department, has successfully obtained a renewed five-year Memorandum of Understanding (MOU) with the Government of Uganda. This MOU allows m2m to operate across the entire country, in line with the objectives outlined in m2m's Strategic Plan. Recognising m2m as a crucial partner in community health, the Ministry of Health actively advocates for us among key stakeholders in the health sector. Currently, we are involved in shaping the implementation guidelines for the National Community Health Strategy and participating in various stakeholder forums, as part of our health system strengthening offering.



Highlights by Country This Quarter (Continued)



ZAMBIA

New Clients Enrolled: 1,967

Mentor Mothers Employed: 28

- In Iteshi-Tezhi District, Mentor Mothers delivered HIV testing services to 242 HIV-exposed infants (HEIs), against the quarterly target of 254, which is a commendable 95% achievement. Notably, all infants under our care tested negative, and continuous monitoring ensures their sustained negative HIV status up to the crucial 24-month milestone. The prevention of mother-to-child transmission (PMTCT) cascade involves vigilant tracking of both baby and mother, necessitating regular HIV testing for every HIV-exposed infant (HEI). Early infant diagnosis holds paramount significance in promptly identifying cases among HEIs, playing a pivotal role in the broader campaign against paediatric HIV.
- Additionally, within the Iteshi-Tezhi project, Mentor Mothers delivered HIV testing and counselling services to 1,050 pregnant women this quarter, achieving a 100% reach against the target. This effort led to the identification of 25 HIV-positive women, all of whom were linked to antiretroviral therapy (ART). Timely identification of cases among pregnant women is crucial for effective epidemic control.
- In Lusaka, Adolescent Peer Mentors, employed under the ViiV Healthcare Positive Action-funded programme, reached 2,370 adolescent girls and boys through community HIV awareness sessions, surpassing the initial target of 2,000. They also distributed 1,124 condoms and initiated 374 eligible adolescent boys and girls on Pre-Exposure Prophylaxis (PrEP). This preventive approach is mitigating the impact of risky behaviours amongst this client group whilst also supporting them to make healthier and more informed life choices.

Combined Financials (m2m Global) 2023

<i>Amounts in USD</i>	2023 Annual Budget (AB)	YTD Actuals through Sept- 23	Projected Oct-23 through Dec- 23	Total Projected at end of Dec-23	Amount Variance	Percentage Variance
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TOTAL - ALL SOURCES

Opening Net Assets	40 601 033	40 601 033		40 601 033	-	
Revenue	30 015 100	16 435 980	8 766 703	25 202 683	(4 812 417)	-16%
Expenditure	31 823 165	19 457 801	7 442 847	26 900 648	(4 922 517)	-15%
Change in Net Assets	(1 808 065)	(3 021 821)	1 323 856	(1 697 965)	110 100	-6%
Closing Net Assets	38 792 968	37 579 212		38 903 068	110 100	0%

RESTRICTED FUNDING

Opening Net Assets	6 237 685	6 237 685		6 237 685	-	
Revenue	23 947 150	13 068 618	6 134 672	19 203 290	(4 743 860)	-20%
Expenditure	22 000 798	13 487 982	4 585 198	18 073 180	(3 927 618)	-18%
Change in Net Assets	1 946 352	(419 364)		1 130 110	(816 242)	-42%
Closing Net Assets (Restricted)	8 184 037	5 818 321		7 367 795	(816 242)	-10%

UNRESTRICTED FUNDING

Opening Net Assets	34 363 348	34 363 348		34 363 348	-	
Revenue	6 067 950	3 367 362	2 632 031	5 999 393	(68 557)	-1%
Expenses	9 822 367	5 969 819	2 857 649	8 827 468	(994 899)	-10%
Change in Net Assets	(3 754 417)	(2 602 457)		(2 828 075)	926 342	-25%
Closing Net Assets (Unrestricted)	30 608 931	31 760 891		31 535 273	926 342	3%

At the end of this quarter, year to date Revenue was \$16.4M. Challenges in the funding environment have persisted and increased and have necessitated a strategic reassessment of our full-year Revenue projection. Full-year Revenue is now anticipated at \$25.2M, a 16% drop against our original 2023 Budget.

We have been taking a disciplined approach to cost management throughout the year, so we are able to adjust expenditures to align with the revised Revenue projections. Full-year Expenses are projected to be \$4.9M lower than our original budget, demonstrating our continued commitment to financial stewardship and sustainability.

Q3 Fundraising Highlights

Through Roche's renewed support (2023 – 2026) we will continue to scale-up the delivery of our life-changing and lifesaving services to reach 379,480 women and adolescents, their partners, and children in Ghana.

m2m is thrilled to announce that we are part of the World Food Programme (WFP) Innovation Accelerator programme—working together with WFP to tackle nutrition and food security for families facing HIV-related challenges in Mozambique's Cabo Delgado province. Further detail is in the Mozambique country update.

UNGA provided a fantastic springboard for networking opportunities. The team made important connections at Goals House and Unstoppable Africa, and was involved in discussions with UNICEF, Novartis, Africa Frontline First, Johnson & Johnson Foundation's Storytelling event, and more.

In Focus: m2m Releases 2022 Annual Programme Review Findings

In 2022, mothers2mothers (m2m) launched an ambitious five-year strategic plan—leveraging our proven female-led, peer-based model to deliver integrated primary health care services designed to double down on ending HIV, tackle related health challenges, and strengthen health systems—all with the aim of building a fairer and healthier future.

In the first year of implementation, the plan delivered exciting results—achieving continued impact at scale; contributing to the Global Goal of ending HIV, including meeting or surpassing all of UNAIDS’ ambitious 2025 targets designed to bring the AIDS epidemic under control; improving health and opportunity for women and families; and making notable progress in addressing health challenges that pose greater risks to individuals living with HIV, such as tuberculosis, cervical cancer, and malaria. These are among the key highlights from our 2022 Annual Programme Review, released in September 2022. ([Click here to download the full factsheet: 2022 Annual Programme Review](#))

Driving Access to Health Care in Marginalised Communities

Despite delays in clients returning to health facilities after a gradual easing of COVID-19 restrictions in the second half of 2022, m2m continued to achieve impressive reach. As of the end of 2022, m2m provided direct services at 413 community and health facility-based locations across 10 countries in sub-Saharan Africa—employing 1,283 frontline staff living with HIV as community health workers, which provided opportunities to create economic well-being for themselves and their families. We reached a total of 1,212,244 new and returning clients in 2022 through direct services, eServices, and technical assistance—achieving 98% of our planned annual target for the year.

Supporting our strategic goal to amplify our impact through targeted health system strengthening, we also reached 40,553 clients through technical assistance in 2022, provided to governments and partners in Angola, Mozambique, South Africa, and Tanzania. That is a 13% increase over 2021 and far exceeding our planned annual target by 243%.



Doubling Down on Ending HIV

We are proud that we advanced our strategic goals to double down on HIV in 2022 and contributed to the global goal to end HIV/AIDS by 2030. For the 9th consecutive year, we achieved virtual elimination of mother-to-child transmission of HIV among our enrolled clients, with a transmission rate of 0.5% in 2022. Furthermore, only 0.45% of m2m clients who were HIV negative when enrolled in our programme contracted HIV in 2022—the third consecutive year that we achieved results lower than the global benchmark of 2.3% (in fact, 5.12 times lower). (Source: UNICEF)

For those clients who are living with HIV, m2m once again proved our ability to meet or surpass UNAIDS' ambitious 2025 targets designed to bring the AIDS epidemic under control. More specifically:

Target 1:
95% of people living with HIV know their HIV status

95%

of m2m clients who are women (ages 15-49) tested for HIV, compared to a benchmark of 86% in sub-Saharan Africa. (Source: UNAIDS)

Target 2:
95% of PLWHIV who know their status initiate treatment

98%

of m2m clients who tested positive for HIV accessed treatment, compared to a benchmark of 76% in sub-Saharan Africa (Source: UNAIDS). That included 97% of children (ages 3-9), which is significant since globally just over half of children accessed treatment. (Source: WHO)

Target 3:
95% of PLWHIV on treatment are virally suppressed

97%

of m2m clients were virally suppressed compared to the benchmark of 71% in sub-Saharan Africa—meaning that the amount of virus in the blood has dropped to less than 1,000 copies per millilitre, as defined by the World Health Organization. (Source: UNAIDS)

In addition, m2m intentionally provided services to special populations for the first time in 2022, comprising 3% of our client base. This includes groups where there are high numbers of new HIV infections and additional health risks, such as male partners of existing clients, internally displaced people, and men who have sex with men.



In Focus (Continued)

Improving Health and Opportunity for Women and Families

m2m continued to improve the health and well-being of the women and families we serve and, in line with our strategic plan, tackled related health challenges that disproportionately impact people living with HIV, such as tuberculosis, cervical cancer, and malaria. Among the highlights:

91%

of our clients reported consistent **condom use**—critical for preventing HIV and other STIs, and as an element of family planning.

98%

of children receiving m2m **early childhood development** services achieved their developmental milestones at 12 months.

96%

of m2m clients who are children were **immunised** at 12 months.

100%

of m2m's adolescent clients (ages 10-19) who tested positive for HIV accessed treatment, compared to an 83% benchmark for sub-Saharan Africa.

(Source: UNAIDS)

m2m pre-screened
142,510

clients for **tuberculosis** in 2022, almost twice as many as in 2021. In addition, 100% of m2m clients who tested positive for TB were linked to treatment.

96%

of clients referred for **cervical pre-cancer screening** agreed to proceed with the procedure (specifically, visual inspection with acetic acid) compared to 34% in 2021, and 100% of clients diagnosed with cervical pre-cancer were linked to treatment.

m2m **almost doubled**

the number of families screened for the risk of **malaria** in 2022 (to 14,001) --98% of those families received insecticide-treated mosquito nets. Furthermore, we almost tripled the number of pregnant women screened for risk of malaria in 2022 (to 19,141) --98% of these clients received preventative therapy.*

While we are proud of these results, we are mindful that much hard work lies ahead to deliver our 2022–2026 Strategic Plan. We are steadfast in our vision to create a future where health for all, brings opportunity for all.

*Data from Ghana, Kenya, Malawi, Uganda, and Zambia, which have a disproportionately high burden of malaria cases.

